

# Newsletter

## Monthly News Letter

Issue No. 6 (January 2026)



### January Highlight: Happy New Year from The Belle Center!



Happy New Year to you and your family!

As we flip the calendar to 2026, we aren't just starting a new year; we are entering a cycle defined by fresh initiatives and bold leadership.

This year, The Belle Center has many new fun and exciting opportunities in the works for our community. Also, The Belle Center will be celebrating it's 50<sup>th</sup> anniversary later in 2026.

We are wishing your family a year filled with warmth, laughter, and peace.



### RESOURCES AND UPDATES

#### January Closures

Jan 1 - New Year's Day  
Jan 19 - MLK Jr. Day

#### Pantry Open

Jan 2, 9, 16, 23, and 30



**\*Must Bring ID and ID for everyone in your household\***

### EMPLOYMENT OPPORTUNITIES

- Childcare Lead Teachers –  
\*With CDA or Certification\*
- Childcare Assistant Teachers
- Youth Counselors
- Lifeguards

**Scan to apply!**



*A New Year of Adventure*

# Newsletter

## Program Updates



### DAY CARE

#### Chilling Into 2026: Snow Science, New Goals, and New Beginnings

Happy New Year! We hope you all had a restful and joyful holiday season. We are eager to explore what 2026 has in store for us.

January is always a magical month at the center as we embrace the theme of "Winter Wonderland" and focus on new beginnings inside.

#### January Activities

- This month, our STEAM (Science, Technology, Engineering, Arts, and Math) curriculum will continue about Weather. Specifically, we are diving deep into the science of Snow and Ice.
- Ringing in 2026 To celebrate the New Year, our classrooms are focusing on "Growth Mindsets." We are talking with the children about new skills they want to learn this year.
- In mid-January, we will spend time honoring the legacy of Dr. Martin Luther King Jr. Our activities will focus on kindness, inclusion, and friendship. We'll be reading age-appropriate stories about how our differences make the world a more beautiful place and creating a "Handprint Unity" wreath.

#### Important Reminder

- **Keep Information Current** - As we start a new calendar year, please take a moment to ensure your contact information is up to date in our system. If you have a new phone number, new emergency contact, or updated allergy information, please let us know as soon as possible.



Happy  
New Year



2026

### OUT OF SCHOOL TIME PROGRAM

#### Fresh Starts, Movement & Meaningful Moments

Hello Belle Center Families, Happy New Year! We're excited to welcome our youth back this January with activities designed to support confidence, creativity, movement, and emotional wellness—all while keeping things fun and engaging after a long school day.

This month, our programming focuses on structure, choice, and movement, leaning into new year energy, winter vibes, creativity, and self-expression—without feeling like school.

#### Vision Boards (With a Twist!)

Instead of an "anything goes" approach, youth will create guided vision boards using thoughtful themes such as:

- One thing I want to let go of
- What peace looks like to me
- What success feels like (not what it looks like)

Using magazines, printed words, stickers, and art materials, youth will reflect, create, and express themselves in age-appropriate ways

#### PAINT THE FEELING

Youth will explore emotions through art using prompts such as:

- Happy
- Calm
- Angry
- Proud

#### Our Goal for January 2026!

Our goal is to help youth:

- Feel supported and heard
- Build positive habits
- Express emotions creatively
- Stay active and engaged after school
- We look forward to a meaningful and positive January!



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## Program Updates



The Belle Center  
Life in a positive light.



### EVENING PROGRAM

#### Level Up Your Evenings!

Are you looking for a place to stay active, build skills, and hang out with friends? Our Evening Program is free and open to all young and older adults.

Whether you're looking to dominate on the court or hit the gym, we have a spot for you. Our gym is the place to be from 6:00 PM – 9:00 PM.

#### Weekly Sports Schedule:

- Mondays & Fridays - Volleyball - Ages 13–24
- Tuesdays & Wednesdays - Basketball - Ages 13 - 17
- Thursdays - Basketball - Ages 18+

#### Fitness & Training

For those looking to focus on personal fitness, our Weight Room and Cardio Room are open every night (Monday through Friday) from 6:00 PM – 9:00 PM.

- Note: The fitness rooms are reserved for participants ages 17 and up.

If you or your teen are interested in participating, please stop by the **front desk** to pick up and fill out an application.



### DONATE TO THE BELLE CENTER

Our mission is to offer innovative, educational, social and community building services for children, youth, senior citizens and families living in Western New York.

In order to meet our mission and provide services to our community, we rely on the generosity of individuals and businesses for support. Without the assistance of community-minded individuals just like you, we would not be able to serve our community each year.

Remember every donation makes a difference, regardless of size. We thank you in advance for your kind considerations.

Together we can provide - "Life in a Positive Light"!



A SMALL DONATION MAKES A DIFFERENCE

